

Hurricane Preparedness – Weekly Shopping Lists

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Hurricane season starts June 1. Will you be ready? To help you prepare for hurricane season, we are publishing 12 Weekly Shopping Lists. Pick up a few items every time you shop and before you know it, you will **be prepared!**

Weekly Shopping List 1 of 12

Week 1- March 9

Grocery Store

- 1 gallon of water per person (and each pet)
- 1 jar of peanut butter
- 1 can meat
- hand-operated can opener
- instant coffee, tea, powdered drink mix
- matches (wooden ones are best)

Hardware Store

- flashlights
- hammers
- assorted nails
- wood screws

Weekly Shopping List 2 of 12

Week 2 - March 16

Grocery Store

- 1 gallon of water per person
- 1 box heavy-duty garbage bags
- 1 can fruit
- personal products
- video tape
- pet food, diapers, and/or baby food, if needed

Hardware Store

- smoke detector with battery
- heavy work gloves
- extra flashlight batteries
- duct tape