

# LIVE&PLAY





#### **ELECTED OFFICIALS**

**MAYOR** Larisa Svechin

**VICE MAYOR** Alex Lama

**COMMISSIONER** Jerry Joseph

**COMMISSIONER** Fabiola Stuyvesant

**COMMISSIONER** Jeniffer Viscarra

#### **PUBLICATION**

PUBLISHED BY
CITY OF SUNNY ISLES BEACH
MEDIA DIVISION

18070 Collins Avenue Sunny Isles Beach, FL 33160

#### **ARTICLES & EDITORIAL**

**EDITOR** Leah Einwalter

MANAGING EDITOR Francesca Constantini

**MANAGING EDITOR OF PROGRAMS**Gayle Vasile

ASSISTANT MANAGING EDITOR OF PROGRAMS
Nick Rakestraw

#### **ART & PRODUCTION**

**GRAPHIC DESIGNER** Elvira Gatina

#### **PHOTO & VIDEO**

**VIDEO PRODUCTION MANAGER** 

Vanessa Viera

**VIDEO PRODUCTION SPECIALIST** 

Pablo Rodriguez

#### STAY CONNECTED



**EMAIL NOTIFICATIONS**Sign up at sibfl.net/notifyme



**WEBSITE** sibfl.net



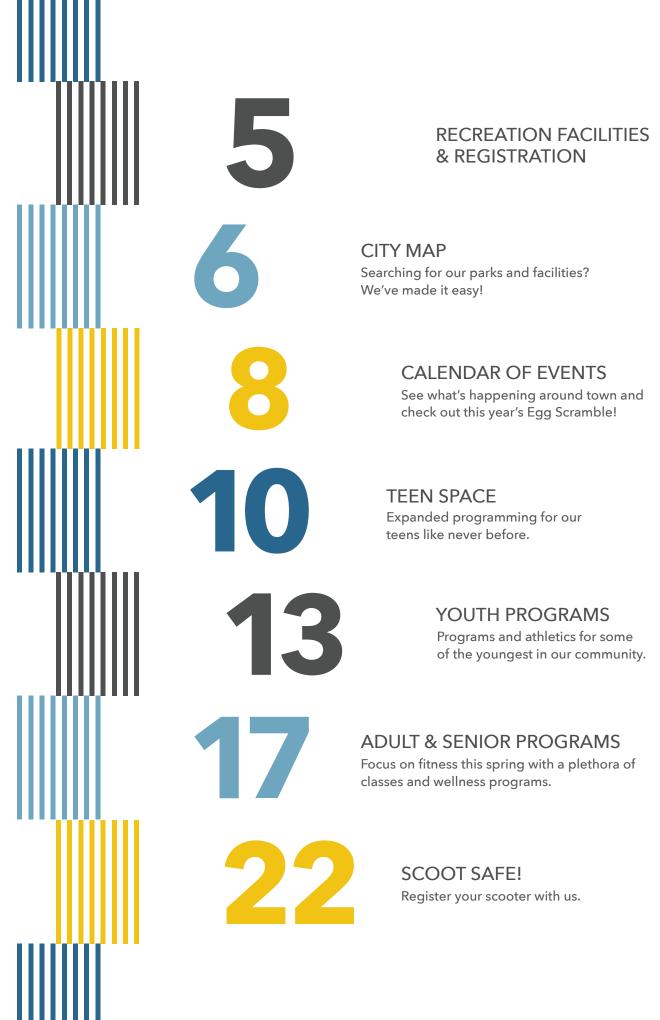
FACEBOOK, X, INSTAGRAM & YOUTUBE @CityofSIB





**CALENDAR OF EVENTS** sibfl.net/events







### Gayle Vasile DIRECTOR, CULTURAL & COMMUNITY SERVICES

The Spot stands as a testament to our commitment to ensuring a fulfilling experience for every teenager in the city.

#### **WELCOME!**

As the warmth of spring approaches, our Cultural and Community Services department is excited to announce a lineup of events and programs designed to make your spring truly delightful. From cultural trips to family friendly events, we have curated a diverse array of activities that will cater to everyone in Sunny Isles Beach.

I want to begin by highlighting The Spot, a vibrant location tailored just for teen residents located in the heart of the city. Now in full swing, it offers an exciting and secure space for teens to revel in a variety of engaging events and programs. This dynamic teen space boasts a lively atmosphere where young individuals can participate in activities like Teen Talk, movie nights, and much more. The Spot stands as a testament to our commitment to ensuring a fulfilling experience for every teenager in the city.

This season, we're thrilled to reintroduce our favorite annual spring events, including Egg Scramble and Spring Fling. Our commitment to the well-being of our 55+community remains unwavering through our SIBeHealthy program. Explore a variety of classes designed to support your journey towards a healthy lifestyle.

Your participation and enthusiasm are what make these events truly special, and we look forward to sharing this spring season with you. Get ready to make the most of this wonderful time of year.

#### **MEET THE TEAM**



Norelli Liguori COMMUNITY SERVICES MANAGER



Jonathan
Wynn-Strachan
ADULT & SENIOR
PROGRAMS
COORDINATOR



Nick Rakestraw RECREATION MANAGER



Jermaine
Barclay
ATHLETICS
PROGRAM
COORDINATOR



LaQueta Morgan-Rose RECREATION MANAGER



Daniel
Henriquez
YOUTH & TEEN
PROGRAM
COORDINATOR



Dydra Udell EVENTS COORDINATOR

# RECREATION FACILITIES

#### **PELICAN COMMUNITY PARK**

#### **OFFICE HOURS**

Monday - Friday: 8:30 AM - 9 PM Saturday: 8:30 AM - 5 PM

Sunday: Closed

#### **GYM & PARK HOURS**

Monday - Friday: 3:30 - 9 PM Saturday - Sunday: 8:30 AM - 9 PM 18115 North Bay Road 305.792.1706

#### **GATEWAY CENTER**

#### **HOURS OF OPERATION**

Monday - Friday: 8 AM - 4 PM

151 Sunny Isles Blvd. 305.792.1706









#### ONLINE REGISTRATION HAS NEVER BEEN EASIER!

Register today at activities.sibfl.net.



#### HAVE YOU RENEWED YOUR RESIDENT ID CARD?

Check your card's expiration date! Residents must have a valid City-issued Sunny Isles Beach Resident ID Card to receive the resident discount and register for programs during the priority registration period. Renew or apply at sibfl.net/residentid.



#### **WANT TO LEARN MORE?**

Stop by any of our facilities and our Customer Relations team will walk you through the many activities that meet your schedule and needs.



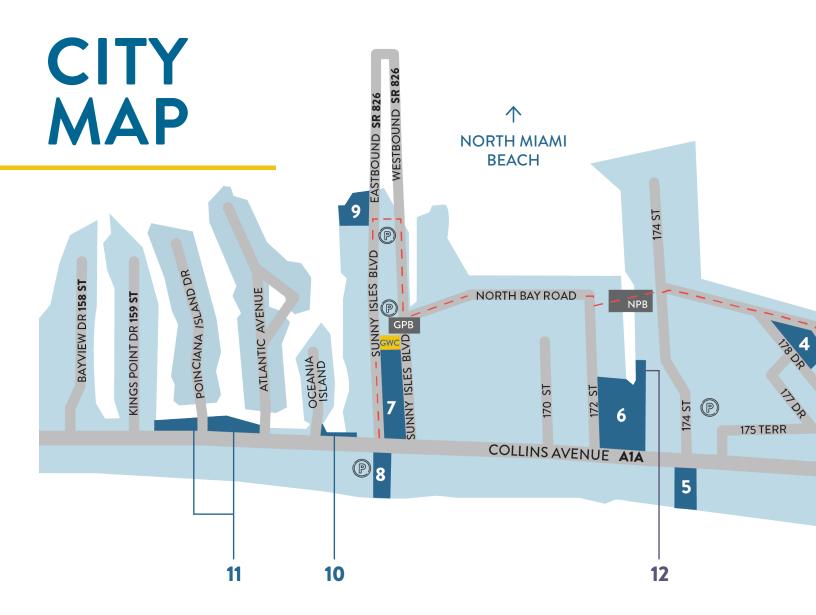
#### LOOKING FOR THE PROGRAMS OFFERED AT GATEWAY CENTER THIS SPRING?

Visit activities.sibfl.net for the full lineup or turn to pages 17-21.



#### **NEW TO SUNNY ISLES BEACH?**

Welcome! Get started by visiting sibfl.net/residentid to apply for your Sunny Isles Beach Resident ID Card and take advantage of special rates and priority registration for our programs.



#### ← BAL HARBOUR

# GC SUNNY ISLES BEACH GOVERNMENT CENTER GWC GATEWAY CENTER PCP PELICAN COMMUNITY PARK TS THE SPOT PARKS GPB GATEWAY PEDESTRIAN BRIDGE NORTH BAY ROAD PEDESTRIAN BRIDGE

#### ATLANTIC OCEAN



MUNICIPAL PARKING



OFF COLLINS BIKE ROUTE

#### **RIDE SAFELY**

Make sure to wear a helmet while riding your bike or scooter. Follow the rules of the road and be conscious of city laws.

Learn more at sibfl.net/trafficsafety.



#### SIBshuttle

Download the free mobile app, SIBshuttle, to your smartphone or device to see a list of stop locations and track the location and arrival of the shuttle in real time.

Visit sibshuttle.net to download the app.

The City, with funding in part by the Miami-Dade County People's Transportation Plan, provides free Community Shuttle Service 7 days per week with three lines running simultaneously for the convenience of residents and visitors.



#### GOLDEN BEACH →



- HERITAGE PARK
  19200 Collins Ave.
- TOWN CENTER PARK 17200 Collins Ave.
- INTRACOASTAL PARKS
  Collins Avenue, 159 To 163 St.

- GOLDEN SHORES PARK 201191 Terr.
- **GATEWAY PARK** 151 Sunny Isles Blvd.
- **COMING SOON**

- PELICAN COMMUNITY PARK 18115 North Bay Rd.
- 8 PIER PARK 16501 Collins Ave.
- MEDITATION GARDEN at Town Center Park 17200 Collins Ave.

- SEN. GWEN MARGOLIS PARK 17815 North Bay Rd.
- 9 BELLA VISTA BAY PARK 500 Sunny Isles Blvd.
- 5 SAMSON OCEANFRONT PARK 17425 Collins Ave.
- OCEANIA PARK 16320 Collins Ave.



To see additional details and all park hours, visit sibfl.net/parks.

#### CALENDAR OF EVENTS

#### Bingo

MARCH 6, 13, 20, 27

**APRIL 3, 10, 17, 24** 

MAY 1, 8, 15, 22, 29

Wednesdays | 3 - 4 PM Gateway Center | \$2 per game

Feeling Lucky? Join us every Wednesday for your chance to win cash prizes, gift cards, and other merchandise.



#### Gateway LIVE

#### **SATURDAY, MARCH 16**

Beethoven on the Beach featuring Orchestra Miami

6 - 8 PM

Gateway Park, 151 Sunny Isles Blvd.

Immerse yourself in the harmonious fusion of music and nature. This concert promises an evening of transcendent musical beauty.

**Price:** \$10

**Resident ID Cardholders: FREE** 



FRIDAY, APRIL 5

11 AM - 1 PM Gateway Center

Join us for a spring tea party brunch. Prepare to be transported to a mystical garden that's full of surprises you won't want to miss.

Price: \$20
Resident ID
Cardholders: \$10

#### Beach Cleanups

Saturdays | 8 - 10 AM Location Varies

#### **MARCH 9**

Samson Oceanfront Park

#### APRIL 13

Pier Park

#### **MAY 11**

Ellen Wynne Beach Access

Get involved in a great community service project each month as we clean up a different area of the city's beach. Leave everything at home because we will provide all the necessities to keep our beach looking beautiful and pristine.

#### Cultural Trips Moulin Rouge! The Musical

#### FRIDAY, MARCH 8

6:15 - 11 PM

Bus departs from Gateway Center at 6:15 PM

Pop the champagne! Moulin Rouge!
The Musical is the winner of 10 Tony
Awards, including Best Musical!
Immerse yourself in a world of splendor,
romance, eye-popping excess, glitz,
grandeur, and glory. Get ready for a
theatrical celebration of "Truth Beauty
Freedom Love."

**Price:** \$90

**Resident ID Cardholders: \$60** 

#### Sunday Brunch @ Shooters Waterfront

#### SUNDAY, APRIL 7

18+

9:15 AM - 2 PM

Bus departs from Gateway Center at 9:15 AM

Indulge in a spectacular brunch buffet with a breathtaking waterfront view in Ft. Lauderdale. Be prepared for a surprise ending that will add an extra touch of magic to your brunch experience.

**Price: \$60** 

**Resident ID Cardholders: \$40** 

#### Peter Pan: The Musical

#### FRIDAY, MAY 10

18+

6 -11 PM

Bus departs from Gateway Center at 6 PM

Embark on a whimsical journey through Neverland, where refusing to grow up is not just acceptable, but encouraged, as we delve into the enchanting world of Peter Pan: The Musical.

Price: TBD

Resident ID Cardholders: TBD

#### GATEWAY MARKET

#### **EVERY WEDNESDAY**

5:30 - 10 PM Gateway Park

MARCH 6, 13, 20, 27

APRIL 3, 10, 17, 24

MAY 1, 8,15, 22, 29

Gateway Market is the place to be every Wednesday night. With a variety of vendors onsite, there is something for everyone. Delicious food, hand-made crafts, live music, family-friendly games and activities, and so much more!



#### Full Moon Yoga

MONDAY, MARCH 25

7 - 8 PM

**TUESDAY, APRIL 23** 

7:30 - 8:30 PM

**THURSDAY, MAY 23** 

7:45 - 8:45 PM

Trump International Beach Resort, 18001 Collins Ave.

Beachside on the sand.

FOR COMPLETE EVENT DETAILS, VISIT SIBFL.NET/EVENTS.

# EGG SCRAMBLE

#### ALL AGES SATURDAY, MARCH 23 10 AM - 2 PM



Pelican Community Park

Mark your calendars for this year's unforgettable Egg Scramble extravaganza - a day of laughter, fun, and a celebration for the whole family!

Don't miss out on this blooming good time.

Pre-purchase: \$20 / At the event: \$25
Resident ID Cardholders pre-purchase: \$5/



Wristbands are required for all guests to gain entry to the event.





#### THE SPOT

Hey, teens of the city! Ready to amp up your week? Join us at 'The Spot' - your newest hub for gaming relaxation, conquering homework, movie nights, community service projects, and much more! Don't miss out on the hottest teen events in town - 'The Spot' is the place to be. From intense gaming showdowns to laid-back chill zones and brain-boosting homework sessions, where you can unleash the fun, connect with fellow teens, and make every moment count! Redefine your week, make memories, and own the scene! See you at 'The Spot' - where every moment is a game-changer!

"The Spot" is located at 215 185th St, Sunny Isles Beach, FL 33160
Directly behind Navarro Discount Pharmacy

#### Learn more about upcoming teen programs at sibfl.net/teens.

Teen events and programs are for ages 13 -17 only. Waivers are required for all teens. For more information or to register for events, **visit sibfl.net/teens**.

#### St. Patrick's Day **Silent Dance Party**

FRIDAY, MARCH 15 7 - 9 PM

Let the shenanigans begin! Forget about a black out, it's a GREEN OUT! Put on your dancing sneakers for a LUCKY CHARM DANCE OFF, sweet treats, and a live DJ.

FREE EVENTS

#### World Art Day: **Paint Party**

FRIDAY, APRIL 12 7 - 9 PM

Join us for a painting party celebrating the contributions of art and emphasizing its importance in our lives. You'll have the opportunity to paint, play games, and have a blast!

#### Cinco de Mayo Cook-off

FRIDAY, MAY 10 7 - 9 PM

Lettuce Taco 'bout a party! Nacho Average Cinco De Mayo Teen Cook-off! Whether you want to cook & compete or just eat, it's sure to be a great night!

#### College Scholarships

If you are a high school student who lives in Sunny Isles Beach, you're eligible to apply for our college scholarship program. We award scholarships to graduating senior applicants who demonstrate a commitment to their education and future, while also displaying excellence in either the arts, athletics or service to their community.

Application Deadline: Tuesday, February 20

Apply now at sibfl.net/scholarships.

#### Teen Talks

FREE

Second Tuesday of each month

MARCH 12 APRIL 9 **MAY 14** 

6 - 7:30 PM

The Spot, 215 185 Street

Monthly roundtable discussions where teens are invited to share their ideas for teen programming and help us make them a reality. We discuss everything teens are interested in: programs, podcasts, events, and the latest social media trends. Join us on the second Tuesday of each month at The Spot. Snacks and drinks will be provided.







#### YOUTH PROGRAMS

REGISTRATION DATES
RESIDENT: FEBRUARY 7

**NON-RESIDENT: FEBRUARY 21** 

Detailed program schedules available at activities.sibfl.net.

**REGISTER AT** activities.sibfl.net

#### RECREATION

|   | AGES            | DAYS & DATES                                  | TIME                 | RESIDENT | NON-RESIDENT |
|---|-----------------|---|----------------------|----------|--------------|
| All Day Fun Zone  | 5 - 12          | F, March 22<br>W, April 10                    | 8 AM - 6 PM          | \$30     | \$45         |
| The C.A.S.E. Program (Creativity, Academics, Sports, Enrichment) - Program Bundle | Grades<br>K - 1 | M - F<br>starting Mar 1<br>Monthly            | 2 - 6 PM             | \$240    | \$360        |
| Homework Help   | -               | -   | 2 - 3 PM             |          |              |
| Sports & Fitness  | -               | -   | 3 - 4 PM             |          |              |
| Enrichment Hour   | -               | -   | 4 - 6 PM             |          |              |
| The C.A.S.E. Program (Creativity, Academics, Sports, Enrichment) - Program Bundle | Grades<br>2 - 5 | M, T, Th, F<br>W<br>starting Mar 1<br>Monthly | 3 - 6 PM<br>2 - 6 PM | \$240    | \$360        |
| Homework Help   | -               | -   | 3 - 4 PM             |          |              |
| Sports & Fitness  | -               | -   | 4 - 5 PM             |          |              |
| Enrichment Hour   | -               | -   | 5 - 6 PM             |          |              |
| C.A.S.E. a la carte   | K - 1           | Mon - Fri<br>starting Mar 1<br>Monthly        | 2 - 3 PM             | \$100    | \$150        |
|   | 2 - 5           | W<br>M, T, Th, F<br>starting Mar 1<br>Monthly | 2 - 3 PM<br>3 - 4 PM |          |              |
| Cheer & Dance   | 6 - 12          | T/Th<br>Apr 9 - Jun 11                        | 6 - 7:30 PM          | \$130    | \$195        |
| Dream for Kids<br>Theater<br>Classes will be taught<br>in Russian.                | 5 - 7           | M/W/F<br>Monthly starting<br>Mar 4            | 6:05 - 7:05 PM       | \$300    | \$450        |
|   | 8 - 12          | -   | 7:10 - 8:30 PM       |          |              |

#### **RECREATION** CONTINUED

|                            | AGES    | DAYS & DATES                   | TIME           | RESIDENT | NON-RESIDENT |
|----------------------------|---------|--------------------------------|----------------|----------|--------------|
| Culinary Creations         | 5 - 9   | W<br>Mar 6 - May 29            | 5 - 6 PM       | \$130    | \$195        |
|                            | 10 - 14 | -                              | 6:10 - 7:10 PM |          |              |
| Gymnastics                 | 5 - 9   | M/W<br>Monthly starting Mar 4  | 3:15 - 4:15 PM | \$100    | \$150        |
| Karate                     | 5 - 8   | T/Th<br>Monthly starting Mar 5 | 5 - 6 PM       | \$90     | \$135        |
|                            | 9 - 13  | -                              | 6:05 - 7:05 PM |          |              |
| Piano                      | 5 - 8   | T<br>Mar 19 - Jun 4            | 4 - 5 PM       | \$250    | \$375        |
|                            | 9 - 14  | -                              | 5 - 6 PM       |          |              |
| Spring<br>Break Camp       | 5 - 12  | M - F<br>Mar 25 - Mar 29       | 8 AM - 6 PM    | \$160    | \$240        |
| Yoga Art and<br>Meditation | 4 - 7   | M<br>Apr 1 - Jun 3             | 5 - 6:30 PM    | \$250    | \$375        |
| Young Archery<br>Academy   | 5 - 8   | T/Th<br>Mar 5 - Apr 18         | 5 - 6 PM       | \$240    | \$360        |
|                            | 9 - 14  |                                | 6:05 - 7:05 PM |          |              |

#### ATHLETICS

|                                    | AGES    | DAYS & DATES             | TIME           | RESIDENT | NON-RESIDENT |
|------------------------------------|---------|--------------------------|----------------|----------|--------------|
| Baseball-Baseone<br>Little Slugger | 5 - 7   | M/W<br>Mar 4 - Jun 5     | 5 - 6 PM       | \$250    | \$375        |
| Baseball-Baseone<br>Academy        | 8 - 12  | M/W<br>ongoing           | 6 - 8:30 PM    | \$250    | \$375        |
| Lawn Tennis                        | 7 - 12  | T/Th<br>Apr 2 - Jun 6    | 7 - 8 PM       | \$140    | \$210        |
| Speed & Agility                    | 8 - 14  | T/Th<br>Apr 2 - Jun 6    | 3:05 - 4:05 PM | \$140    | \$210        |
| Open Gym Club                      | 12 - 15 | M/T/TH/F<br>ongoing      | 3:05 - 3:55 PM | FREE     | FREE         |
|                                    |         | W<br>ongoing             | 2:30 - 3:30 PM |          |              |
| Volleyball Teen<br>Open Play       | 13 - 17 | T/Th<br>Apr 2 - Jun 6    | 8 - 9 PM       | FREE     | FREE         |
| Spring Break<br>Sports Camp        | 6 - 12  | M - F<br>Mar 25 - Mar 29 | 8 AM - 6 PM    | \$130    | \$195        |





#### PEE WEE PROGRAMS

|                     | AGES  | DAYS & DATES         | TIME          | RESIDENT | NON-RESIDENT |
|---------------------|-------|----------------------|---------------|----------|--------------|
| Pee Wee Parent & Me | 2 - 4 | Sat<br>May 4 - Jun 8 | 9 - 9:45 AM   | \$70     | \$105        |
| Pee Wee Basketball  | 3 - 5 | Sat<br>May 4 - Jun 8 | 11 - 11:45 AM | \$70     | \$105        |
| Pee Wee Soccer      | 3 - 5 | Sat<br>May 4 - Jun 8 | 10 - 10:45 AM | \$70     | \$105        |

#### RECREATIONAL SPORTS

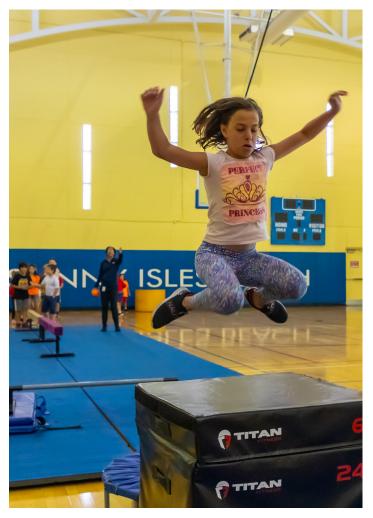
|                                     | AGES    | DAYS & DATES           | TIME        | RESIDENT | NON-RESIDENT |
|-------------------------------------|---------|------------------------|-------------|----------|--------------|
| Basketball<br>Academy               | U8      | T/Th<br>Apr 9 - Jun 6  | 4 - 4:55 PM | \$130    | \$210        |
|                                     | U10     | -                      | 5 - 5:55 PM |          |              |
|                                     | U12     | -                      | 6 - 6:55 PM |          |              |
|                                     | U14     | -                      | 7 - 7:55 PM |          |              |
| Soccer<br>(Sen. Gwen Margolis Park) | U6      | T/Th<br>Mar 19 - Jun 6 | 4 - 4:55 PM | \$160    | \$240        |
|                                     | U8      | -                      | 5 - 5:55 PM |          |              |
|                                     | U10     | -                      | 6 - 6:55 PM |          |              |
|                                     | U12     | -                      | 7 - 7:55 PM |          |              |
|                                     | U14     | -                      | 7 - 7:55 PM |          |              |
| Volleyball                          | 10 - 16 | M/W<br>Mar 18 - Jun 5  | 4 - 9 PM    | \$160    | \$210        |



#### **COMPETITIVE TEAMS**

 $\label{thm:competitive} \textit{Try-outs are required for all competitive teams.}$ 

|   | AGES    | DAYS & DATES                      | TIME           | RESIDENT | NON-RESIDENT |
|---|---------|-----------------------------------|----------------|----------|--------------|
| Cheer & Dance<br>Select Team                | 8 - 15  | T/Th<br>bi-monthly<br>ongoing     | 4 - 6 PM       | \$200    | \$300        |
| <b>Gymnastics</b> Advanced                  | 5 - 9   | T/Th<br>Monthly<br>starting Apr 1 | 3:15 - 4:45 PM | \$150    | \$225        |
| Select Soccer<br>(Sen. Gwen Margolis Park)  | U10     | M/W/F<br>bi-monthly<br>ongoing    | 5 - 6:30 PM    | \$225    | \$325        |
|   | U11     | -                                 | 5 - 6:30 PM    |          |              |
|   | U12     |                                   | 6:30 - 8 PM    |          |              |
| Soccer Academy<br>(Sen. Gwen Margolis Park) | U8 - U9 | M/W<br>Apr 1 - Jun 7              | 4 - 5 PM       | \$180    | \$270        |
| Select<br>Volleyball                        | U11     | M/W/F<br>bi-monthly<br>ongoing    | 3:30 - 4:45 PM | \$200    | \$300        |
|   | U13/15  | M/W                               | 4:45 - 6:00 PM |          |              |
|   | U13/15  | F                                 | 4:30 - 6.30 PM |          |              |
|   |         |                                   |                |          |              |







# & SENIOR PROGRAMS

#### ADULT & SENIOR PROGRAMS

**REGISTRATION DATES** 

**RESIDENT: FEBRUARY 7** 

**NON-RESIDENT: FEBRUARY 21** 

Detailed program schedules available at activities.sibfl.net.

REGISTER AT activities.sibfl.net

| CLASSES  | AGES | DAYS & DATES        | TIME        | RESIDENT              | NON-RESIDENT |
|--|------|---------------------|-------------|-----------------------|--------------|
| AARP Smart Driver                                  | 55+  | F<br>May 10         | 9 AM - 4 PM | \$20<br>AARP Member   | \$25         |
| English as a Second<br>Language (ESL)<br>Beginners | 18+  | F<br>Mar 1 - May 24 | 2 - 3 PM    | FREE<br>Resident Only | n/a          |
| English as a Second<br>Language (ESL)<br>Advanced  | 18+  | F<br>Mar 1 - May 24 | 3 - 4 PM    | FREE<br>Resident Only | n/a          |

#### **FREE ENRICHMENT**

|   | AGES | <b>DAYS &amp; DATES</b> | TIME          | RESIDENT              | NON-RESIDENT |
|---|------|-------------------------|---------------|-----------------------|--------------|
| Lunch n' Learn with<br>Cesar Becerra<br>TBA<br>Lunch is included. | 18+  | T<br>Apr 9              | 11 AM - 12 PM | FREE                  | \$10         |
| Senior Cooking<br>Workshop  | 55+  | Th<br>Mar 21            | 12 - 1 PM     | FREE                  | \$10         |
|   |      | Apr 18                  | -             | -                     | -            |
|   |      | May 16                  | -             | -                     | -            |
| Senior Roundtable  Lunch is included.                             | 55+  | W<br>Mar 27             | 12 - 1 PM     | FREE<br>Resident Only | n/a          |
|   | -    | Apr 24                  | -             | -                     | -            |
|   | -    | May 22                  | -             | -                     | -            |



#### ADULT FITNESS

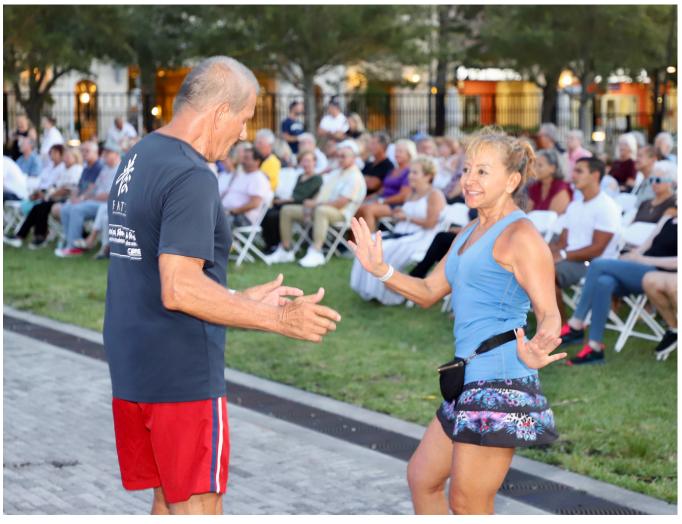
|   | AGES | DAYS & DATES  | TIME   | RESIDENT              | NON-RESIDENT          |
|---|------|---|--|-----------------------|-----------------------|
| Adult Dance                                 | 18+  | M<br>Monthly<br>Bachata<br>Tango / Waltz<br>Salsa/Bachata | 3:30 - 4:15 PM<br>4:30 - 5:15 PM<br>5:30 - 6:15 PM | \$60<br>Drop-in \$20  | \$90<br>Drop-in \$30  |
| Evening Yoga                                | 18+  | T/Th<br>Monthly   | 5:30 - 6:30 PM                                     | \$105<br>Drop-in \$20 | \$125<br>Drop-in \$30 |
| Open Volleyball<br>(Pelican Community Park) | 18+  | Sun<br>Apr 7 - Jun 2                                      | 8:30 - 10:30 AM                                    | FREE                  | \$40                  |

#### **HEALTH & WELLNESS**

|   | AGES | DAYS & DATES       | TIME                           | RESIDENT  | NON-RESIDENT  |
|---|------|--------------------|--------------------------------|---|---|
| Doc Chat  |      |                    |                                |   |   |
| Womens Health<br>Workshop                         | 18+  | W<br>Mar 13        | 11 AM - 1 PM                   | FREE  | FREE  |
| Oral Health Awareness                             | 18+  | Apr 10             | -                              | -   | -   |
| Mental Health<br>Awareness Presentation           | 18+  | May 8              | -                              | -   | -   |
| Florida Mobile<br>Mammography                     | 18+  | TBD                | 8 AM - 3 PM                    | every 12-month p<br>Schedule an app<br>floridamobilem | overed 100% one time period by insurance. pointment online at ammography.com 77.318.1349. |
|   |      | *Mobile Mammograms | s will be held at Gateway Parl | ζ.  |   |
| Mount Sinai<br>Lunch & Learn<br>Lunch is included | 55+  | Th<br><i>Mar 7</i> | 12 - 1 PM                      | FREE  | FREE  |
|   |      | Apr 4              | -                              |   |   |
|   |      | May 2              | -                              |   |   |







#### **SIBeHEALTHY**

#### (Gateway Center)

| TIME            | MONDAY                                    | TUESDAY                           | WEDNESDAY                                 | THURSDAY                          | FRIDAY                           |
|-----------------|---|-----------------------------------|---|-----------------------------------|----------------------------------|
| 8:30 - 9:30 AM  | Movement &<br>Mobility<br>(Gateway Patio) | Zumba Gold<br>(Fitness Room)      | Movement &<br>Mobility<br>(Gateway Patio) | Zumba Gold<br>(Fitness Room)      | Tai Chi I<br>(Classroom)         |
| -               | Tai Chi I<br>(Fitness Room)               | -                                 | Tai Chi<br>(Fitness Room)                 | -                                 | Zumba Gold<br>(Fitness Room)     |
| 9:45 - 10:45 AM | Zumba Gold<br>(Fitness Room)              | Zumba Gold<br>(Fitness Room)      | Senior HITT<br>(Fitness Room)             | Zumba Gold<br>(Fitness Room)      | Senior HITT<br>(Fitness Room)    |
| -               | Tai Chi II<br>(Classroom)                 | -                                 | Tai Chi<br>(Classroom)                    | -                                 | Tai Chi II<br>(Classroom)        |
| 11 AM - 12 PM   | 360 Fitness<br>(Fitness Room)             | Senior Strength<br>(Fitness Room) | Stretch & Flex<br>(Fitness Room)          | Senior Strength<br>(Fitness Room) | Stretch & Flex<br>(Fitness Room) |
| 12 - 1 PM       | -   | -                                 | Stretch & Flex<br>(Fitness Room)          | -                                 | Stretch & Flex<br>(Fitness Room) |

#### (Pelican Community Park)

| TIME                | MONDAY | TUESDAY                                 | WEDNESDAY                          | THURSDAY                                | FRIDAY                             |
|---------------------|--------|---|------------------------------------|---|------------------------------------|
| 10:45 - 11:45 AM    | -      | Silver Sneakers<br>(Arts & Crafts Room) | -                                  | Silver Sneakers<br>(Arts & Crafts Room) | -                                  |
| 11:30 AM - 12:30 PM | -      | -                                       | Zumba Gold<br>(Arts & Crafts Room) | -                                       | Zumba Gold<br>(Arts & Crafts Room) |
| 12:30 - 1:30 PM     | -      | -                                       | HITT<br>(Arts & Crafts Room)       | -                                       | HITT<br>(Arts & Crafts Room)       |





SIBeHealthy programs are available to individuals ages 55+ for a small monthly fee.

Residents who are 55+ and have a valid Sunny Isles Beach Resident ID Card can register for any combination of four free classes a month. Additional programs are available for \$10 a month.









# SCOOTS SUNNY ISLES BEACH

Calling all Sunny Isles Beach residents and visitors with a motorized scooter—there's a new requirement. The city rolled out a motorized scooter registration program to enhance your safety and security.

We're introducing **Scoot Safe! Sunny Isles Beach**.

#### Why Register?

If you plan to operate your motorized scooter within city limits, it's now required to complete the registration process under Ordinance 2023-609. But here's the good news - this registration is not just about following the rules; it's about safeguarding your scooter. In the unfortunate event of theft and other security concerns, having your scooter registered can make all the difference.

#### **Get Your Decal: It's Easy!**

Getting on board with the program is easy as a breeze. Just go online and register your motorized scooter at **sibfl.net/scootsafe** or simply scan the QR code. Once you're all set, we'll send you a decal in the mail. This decal is like your scooter's very own badge – simply pop it on the front of your scooter within 12 inches from the top, and you're ready to hit the road!



In addition to registration, this ordinance outlines some important rules for safe scooter operation. Here's the scoop:

**Follow Traffic Signals:** Just like any other vehicle, riders must obey official traffic-control signals and signs. It's all about keeping everyone safe and sound.

**Speed Limit:** Motorized scooters should not exceed 15 miles per hour on sidewalks and should not exceed 20 miles per hour on the roadway. It's a fun ride, but let's keep it safe.

**Safety First:** If you're 16 years-old or younger, don't forget to wear your helmet. We've got your noggin covered!

**Solo Ride:** Scooters are meant for one person at a time, so it's all about your solo adventure.

**Stay in Line:** If you are riding alongside another scooter rider, you must ride in single file.

**Ears Open:** While cruising, ditch the cell phone, headset, headphone, or listening device, except for a hearing aid. We need you to stay aware of your surroundings.

**Be Visible:** Your scooter should sport a reflective front white light, visible from 500 feet away, and a reflective rear red light, visible from 600 feet away. Safety first, even in the dark!

**Watch for Pedestrians:** Give pedestrians the right-of-way.

For more information about Ordinance 2023-609, please call Code Compliance at 305.792.1760.





SUNNY ISLES BEACH

LIVE & PLAY

PUBLISHED BY THE
CITY OF SUNNY ISLES BEACH
MEDIA DIVISION

18070 Collins Avenue Sunny Isles Beach, FL 33160 305.792.1706 | sibfl.net



#### THE COUNTDOWN BEGINS!

## SUMMER C-A-M-P

#### **REGISTRATION DATES**

#### **RESIDENTS**

(with valid City-issued Resident ID Card)

Saturday, March 16

#### **NON-RESIDENTS**

Saturday, March 30

To register or for more information, visit activities.sibfl.net.